

WHAT IS COVID-19?

COVID-19 is a respiratory infection caused by a newly identified virus. The infection has symptoms similar to other respiratory illnesses., including the flu and common cold: cough, sneezing, fever, sore throat and difficulty breathing. Other symptoms can include fatigue, muscle aches, diarrhea, headache or lost sense of smell. While most people infected with COVID-19 experience only mild illness, severe illness can occur in some people especially in those with weaker immune systems, the elderly and those with chronic medical conditions.

HOW DOES IT SPREAD?

COVID-19 is spread through liquid droplets when an infected person coughs or sneezes. The virus in these droplets can enter through the eyes, nose or mouth of another person if they are in close contact with the person who coughed or sneezed. COVID-19 is not transmitted through particles in the air and is not something that can enter the body through the skin.

PRIORITIZING ACTION!

It is helpful to understand the rationale behind the procedures contained in this plan, and the impact they have on controlling the spread of COVID-19. Some controls are more difficult than others but may have a greater impact. Other controls are easier to implement but have less of an impact.

LEVELS OF CONTROL

In the model shown below, control methods at the top of the pyramid are more effective than those at the bottom. Following this model according to BC's Centre for Disease Control leads to the implementation of inherently safer systems where risk of illness exposure and transmission has been reduced. Physical distancing remains the most effective control.



LEVELS OF CONTROL CONTINUED...

The Hierarchy for Infection Prevention and Exposure Control Measures for Communicable Disease



Typically environmental controls are favoured over admin, personal, and PPE for controlling exposures in the school. This is because most environmental controls are designed to prevent students and staff from coming into contact in the first place.



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BUILDING

ENVIRONMENTAL CONTROLS

- Provide a supply of hand sanitizer at sign in and posters reminding of the importance of hand washing following contact with common touch surfaces
- Provide hand sanitizing stations at entrances/exits and common spaces in the building
- Designate additional rooms for breaks areas, or new outdoor spaces
- Where possible, people should work more than 2 metres apart and use tape to delineate work areas appropriately
- Increase floor space by removing or repositioning unnecessary furniture, materials, and equipment
- Control traffic patterns using cones and arrows
- Designate travel paths so people don't have to walk to closely
- Where possible, windows will be kept open to allow fresh air flow

ADMIN CONTROLS

- Provide a supply of hand sanitizer at sign in and posters reminding of the importance of hand washing following contact with common touch surfaces
- Provide hand sanitizing stations at entrances/exits and common spaces in the building
- Designate additional rooms for breaks areas, or new outdoor spaces
- Where possible, people should work more than 2 metres apart and use tape to delineate work areas appropriately
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BUILDING

PERSONAL & PPE CONTROLS

- Masks and Shields are available for all students and staff
- Mask or shield should be worn at times when a distance of 2 meters cannot be maintained (Zen actively enforces everyone where a mask or shield on premises)

ARRIVAL & LEAVING

ENVIRONMENTAL CONTROLS

- Clearly marked pathways on the ground for physical distancing
- Provide sanitization stations at entrances/exits
- Social distance dots outside of entrances

ADMIN CONTROLS

- Students with complaints of illness will be placed in isolation to await pick up by parents
- Scheduled entry for each grade
- Controlled, staggered entry with physical distancing
- For first week, all available staff help enforcing morning entry protocols
- Location for pickup is out front only

PERSONAL & PPE CONTROLS

• Staff managing the entry process will maintain appropriate social distancing



CLASSROOMS

ENVIRONMENTAL CONTROLS

- Hand sanitizer in each classroom
- Furniture and chairs placed to ensure social distance
- Removal of unnecessary furniture
- Table stations set up for each student (No sharing of resources or equipment)
- Window open wherever possible

ADMIN CONTROLS

- Classroom is regularly de-cluttered and cleaned
- Hand washing and sanitizing stations stored in the open
- Tables wiped down each day
- All manipulatives are disinfected at the end of the day
- All students made familiar with new routines
- All students have their own supplies and container brought from home and left at school
- Personal belongings kept in students bags at all times
- All staff implement ongoing, informal cleaning of high contact areas in their classrooms
- Increased routine cleaning

PERSONAL & PPE CONTROLS

- Masks and Shields are available for all students and staff
- Mask or shield should be worn at times when a distance of 2 meters cannot be maintained (Zen actively enforces everyone where a mask or shield on premises)



WASHROOMS

ENVIRONMENTAL CONTROLS

• Occupancy limited to 1 person

ADMIN CONTROLS

- Movement through halls and walkways will be monitored to encourage social distance
- Regular cleaning throughout the day
- Hands sanitized before entry into washroom and washed thoroughly before exit

BREAKS

ADMIN CONTROLS

- Staggered break times with designated areas
- Monitored movement through hallways
- Groups limited to 5 people maximum on breaksNo shared utensilsNo open food items
- Lunch will be brought from home or eaten out
- Eat at individual workstations rather than break rooms



EQUIPMENT

ENVIRONMENTAL CONTROLS

• All outside play equipment has been removed

ADMIN CONTROLS

- Small, individual toys and equipment cannot be brought in unless necessary for a lesson
- Any physical equipment used will be disinfected before next use

STAFF ROOM

ENVIRONMENTAL CONTROLS

Compostable paper plates and utensils

ADMIN CONTROLS

- Limited number of staff in an area at a given time (No more than 6)
- Close off access to cupboards
- Cleaning protocols in place for staff in the area



FIRST AID

ADMIN CONTROLS

- Doorway and social distancing assessments whenever possible
- Enhance disinfection of equipment after each patient

PERSONAL & PPE CONTROLS

- First Aid attendants will wear masks, face shields, and surgical gloves when dealing with an injury in close proximity
- All PPE will be disposed of after use in this case.

